

Camila Raíssa Oliveira Gontijo

**Uma nova proposta de retenção intrarradicular na dentição decídua: análise biomecânica de incisivos decíduos bovinos cimentados com fibra de vidro ou pino de fibra de vidro em diferentes comprimentos de alívio**

*A new proposal for intraradicular retention in deciduous dentition: biomechanical analysis of bovine primary incisors cemented with pre-impregnated glass fiber or fiber post in different lengths*

Dissertação apresentada à Faculdade de Odontologia da Universidade Federal de Uberlândia, para obtenção do Título de Mestre em Odontologia, Área de Clínica Odontológica Integrada.

Uberlândia, 2020

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Orientadora: Profa. Dra. Alessandra Maia de Castro  
Co-orientador: Prof. Dr. Carlos José Soares

Banca Examinadora:  
Profa. Dra. Alessandra Maia de Castro  
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Profa. Dra. Fernanda Pereira Silva

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## **DEDICATÓRIA**

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O tamanho dos seus sonhos deve sempre exceder a sua capacidade atual para alcançá-los. Se os seus sonhos não te assustam, eles não são grandes o suficiente.

**Ellen Johnson-Sirleaf,**

primeira mulher eleita chefe de estado de um país africano e prêmio nobel da paz '11.

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## RESUMO

O uso de diferentes técnicas e retentores intrarradiculares para reabilitar dentes decíduos com grande destruição coronária é controverso, visto a complexidade de fatores envolvidos. O objetivo desse estudo foi avaliar, através de análises biomecânicas, dois diferentes materiais utilizados como retentores intrarradiculares cimentados em dois diferentes comprimentos. Para o estudo foram utilizadas quarenta raízes de incisivos decíduos bovinos, seccionadas com 12mm, tratadas endodonticamente, e aleatoriamente divididas em 2 grupos (n=20): pino de fibra de vidro (PFV) e fibra de vidro (FV). Posteriormente, foram divididos em 2 subgrupos (n=10), variando a extensão do retentor: 1/2 da raiz (6mm) e 1/3 da raiz (4mm). Todas as raízes foram restauradas com resina composta convencional com auxílio de matriz de cloreto de polivinila (PVC). Foram feitos testes de extensometria e resistência à fratura. Os dados obtidos foram analisados através de ANOVA two-way e Tukey, com nível de significância  $\alpha=0,05$ . Os resultados obtidos foram semelhantes entre os grupos para o comprimento 1/2. Para 1/3, PFV apresentou melhores resultados ( $p<0,001$ ) de deformação que FV. No padrão de fratura, FV se mostrou melhor, com fraturas reversíveis (tipo I). Concluindo, neste estudo, os retentores PFV e FV apresentaram resistência e deformação adequados, sendo assim, ambos são indicados para retenção intrarradicular na dentição decídua.

**PALAVRAS-CHAVE:** Dente decíduo, Técnica para retentor intrarradicular, Resistência à fratura.

## **ABSTRACT**

The use of different intraradicular techniques and retainers to rehabilitate deciduous teeth with great coronary destruction is controversial, given the complexity of factors involved. The aim of this study was to evaluate, through biomechanical analyzes, two different materials used as posts system cemented in two different lengths. Forty bovine primary incisor roots were used for the study, sectioned with 12mm, treated endodontically, and randomly divided into 2 groups (n = 20): fiber post (FP) and pre-impregnated glass fiber (PGF). Subsequently, they were divided into 2 subgroups (n = 10), varying the length of the retainer: 1/2 of the root (6mm) and 1/3 of the root (4mm). All roots were restored with conventional composite resin with the aid of a polyvinyl chloride (PVC) matrix. Extensometry and fracture resistance tests were performed. The data obtained were analyzed using two-way ANOVA and Tukey, with significance level  $\alpha=0.05$ . The results obtained were similar between groups for length 1/2. For 1/3, FP showed better deformation results ( $p < 0.001$ ) than F. In the fracture pattern, F was better, with reversible fractures (type I). In conclusion, in this study, the FP and PGF retainers showed resistance and deformation, therefore, both are indicated for intraradicular retention in the primary dentition.

**KEYWORDS:** Primary teeth, post and core technique, fracture resistance.

## REFERENCIAL TEÓRICO

Atualmente, a Odontologia e a Odontopediatria têm como foco principal oferecer aos pacientes condutas com ênfase na prevenção. Contudo, infelizmente, ainda se observa a ocorrência de cárie na primeira infância, de evolução rápida, acometendo crianças de até 5 anos e 9 meses de idade. Estas lesões envolvem principalmente os incisivos superiores, levando à grande destruição coronária e normalmente envolvimento pulpar destes elementos, sendo que, muitas vezes essa destruição impossibilita uma reabilitação direta com resina composta<sup>1</sup>.

A perda precoce dos dentes anteriores decíduos tem grande impacto funcional e estético, pois pode resultar na diminuição da eficiência mastigatória, maloclusão, perda de espaço e da dimensão vertical, distúrbios fonéticos, desvio no padrão de deglutição, desenvolvimento de hábitos parafuncionais, além de problemas psicológicos que podem afetar o desenvolvimento comportamental da criança<sup>2,3</sup>.

O remanescente coronário insuficiente de dentes anteriores dificulta a retenção e a resistência das restaurações. Além disto, estes dentes recebem cargas funcionais não axiais, comprometendo ainda mais a longevidade do complexo restaurador. Por muitos anos, a técnica amplamente utilizada em casos de severa destruição coronária dos dentes anteriores decíduos era a exodontia<sup>4</sup>. Porém, devido a fatores de exigência estética, convívio social e evolução da odontologia adesiva, desenvolveram-se técnicas capazes de fornecer restaurações eficazes, duráveis e funcionais, evitando assim a perda precoce dos elementos dentários anteriores<sup>3</sup>.

A reabilitação adequada de dentes decíduos anteriores torna-se necessária, visando promover à criança bem estar psicossocial, além de normalizar suas funções mastigatória, fonética e estética. Os recursos protéticos na dentadura decídua não podem interferir nos processos normais de crescimento e desenvolvimento próprios da idade da criança e não devem comprometer a integridade de outros dentes<sup>5,6</sup>.

Grande variedade de técnicas restauradoras diretas e indiretas tem

sido relatada para reabilitar dentes decíduos severamente comprometidos estruturalmente. Em muitos casos, nos quais os dentes estão gravemente destruídos, faz-se necessário o tratamento endodôntico e para viabilizar retenção e estabilidade da reconstrução coronária, faz necessária o uso de retentores intrarradiculares<sup>7,8,9</sup>.

O uso de diferentes técnicas de retenção intrarradicular em dentes tratados endodonticamente pode aumentar a sobrevida da restauração. Entretanto, em dentes decíduos, o principal fator limitante da utilização de retentores intrarradiculares é a reabsorção radicular fisiológica. Desta forma há uma limitação da cimentação do retentor apenas no terço cervical do canal para obter retenção<sup>10,11,12</sup>.

Os pinos intrarradiculares podem ser constituídos de variedade de materiais, incluindo resina composta, liga metálica ou material biológico<sup>3</sup>. Atualmente, têm se popularizado o uso de pinos de fibra de vidro e de fibra de polietileno, em alternativa aos pinos metálicos na restauração de dentes tratados endodonticamente<sup>3,13,14</sup>. A adesão do material restaurador à estrutura dental e ao pino de fibra, a redução do risco de fratura da raiz e a ausência de descoloração são algumas das vantagens destes retentores<sup>15</sup>.

Em 2001 autores realizaram um estudo *in vitro* comparando os retentores intrarradiculares realizados com pino metálico pré-fabricado (FKG), núcleo metálico fundido (Níquel-Cromo) com macroretenções esféricas, pino em alfa com fio ortodôntico, pino de dente natural, reforço com fibra de polietileno (Ribbond Inc.) e preenchimento com resina composta; verificaram que os valores de resistência ao cisalhamento foram semelhantes entre os grupos e concluíram que todos estavam indicados para a reconstrução de incisivos decíduos<sup>16</sup>.

Em 2002, um estudo avaliou a eficácia de pinos de fibra de vidro empregados na reconstrução de dentes anteriores severamente destruídos em crianças com idade média de 4 anos e 2 meses. Foram reconstruídos 30 dentes e após 12 meses, apenas 2 dentes apresentaram insucesso, que foi atribuído à terapia endodôntica e não à técnica restauradora. Paralelamente ao estudo clínico, o autor realizou um estudo laboratorial utilizando pinos de fibra de vidro

e constatou maiores valores de resistência à fratura e módulo de elasticidade semelhante ao dente, conferindo maior longevidade à restauração<sup>17</sup>.

Outro estudo avaliou *in vitro* a resistência de união de 3 diferentes pinos intrarradiculares utilizados em restauração de dentes decíduos anteriores. 45 dentes foram tratados endodonticamente e divididos em 3 grupos: pinos confeccionados com a resina composta (Grupo I), pinos de fio ortodôntico em forma de “gama” (Grupo II) e pinos de fibra de vidro (Grupo III). Não houve diferença estatística entre os 3 grupos considerando os valores de resistência de união obtidos. Os autores concluíram que o tipo de pino intrarradicular não interfere na resistência de união<sup>18</sup>.

Em 2006, autores compararam a resistência de união de 3 diferentes pinos intrarradiculares utilizados para restaurar dentes decíduos anteriores: pinos confeccionados com a resina composta Z100, pinos de fio ortodôntico em forma de “alfa” e pinos confeccionados a partir da raiz de dentes naturais. Os autores concluíram que não houve diferença estatisticamente significativa entre os 3 grupos<sup>19</sup>.

Em 2008, autores verificaram a retenção e a adaptação marginal em uma amostra de 28 dentes decíduos anteriores de crianças com idades entre 3 e 4 anos. Os grupos testados foram: pinos de fibra de vidro reforçados com resina composta e pinos de aço em ômega. Resina composta do tipo “Flow” foi utilizada para a cimentação dos pinos e os dentes foram restaurados com resina composta com auxílio de matriz de celulóide. Após 12 meses de acompanhamento, os pinos de fibra de vidro reforçados com resina composta apresentaram melhor retenção e adaptação marginal quando comparados aos pinos com fio de aço em ômega<sup>20</sup>.

Estudos de 2010 e 2011 mostram que pinos de fibra de vidro tem sido utilizados em dentes decíduos e permanentes, pois apresentam características desejáveis, como boa resistência de união à estrutura dentária, aumento da resistência à fratura do remanescente dental e da coroa, módulo de elasticidade muito próximo à dentina e estética favorável pois apresentam coloração branca ou transparente, a qual confere translucidez e naturalidade às restaurações<sup>21,22</sup>.

Em 2015, um estudo clínico comparou a eficácia de três retentores



intrarradiculares na dentição decídua: fibra de polietileno, pino de fibra de vidro e extensão de resina composta. E concluíram que somente o pino de fibra de vidro e fibra de polietileno provaram ser eficazes<sup>24</sup>.

Em 2018, um estudo sobre materiais compósitos reforçados com fibras relatou fortes ligações à matriz polimérica e boa resistência à fratura, e as fibras aumentaram as propriedades mecânicas e físicas dos materiais com os quais foram utilizadas, devido à sua alta durabilidade e módulo de elasticidade<sup>25</sup>.

Diante do exposto, o objetivo deste estudo foi avaliar dois diferentes materiais utilizados como retenção intrarradicular (fibra de vidro e pino de fibra de vidro), em diferentes extensões de alívio ( $1/3$  da raiz e  $1/2$  da raiz). A hipótese nula deste estudo foi de que os tipos de retentor e os diferentes comprimentos de cimentação não influenciam o padrão de deformação, resistência e fratura de raízes decíduas bovinas restauradas com retenção intrarradicular.

## ARTIGO 1

**CAMILA RAÍSSA OLIVEIRA GONTIJO<sup>1</sup>, THAMIRES DIOGO LIMA<sup>2</sup>, CARLOS JOSÉ SOARES<sup>2</sup>, ALESSANDRA MAIA DE CASTRO <sup>1</sup>**

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### **Abstract**

The use of different intraradicular techniques and retainers to rehabilitate deciduous teeth with great coronary destruction is controversial, given the complexity of factors involved. The aim of this study was to evaluate, through biomechanical analyzes, two different materials used as posts system cemented in two different lengths. Forty bovine primary incisor roots were used for the study, sectioned with 12mm, treated endodontically, and randomly divided into 2 groups (n = 20): fiber post (FP) and pre-impregnated glass fiber (PGF). Subsequently, they were divided into 2 subgroups (n = 10), varying the length of the retainer: 1/2 of the root (6mm) and 1/3 of the root (4mm). All roots were restored with conventional composite resin with the aid of a polyvinyl chloride (PVC) matrix. Extensometry and fracture resistance tests were performed. The data obtained were analyzed using two-way ANOVA and Tukey, with significance level  $\alpha=0.05$ . The results obtained were similar between groups for length 1/2. For 1/3, FP showed better deformation results ( $p < 0.001$ ) than F. In the fracture pattern, F was better, with reversible fractures (type I). In conclusion, in this study, the FP

and PGF retainers showed resistance and deformation, therefore, both are indicated for intraradicular retention in the primary dentition.

**KEYWORDS:** Primary teeth, post and core technique, fracture resistance.

## **Introduction**

Early loss of deciduous anterior teeth has a major functional, aesthetic, psychological and social impact as it may result in decreased chewing efficiency, malocclusion, loss of space and vertical dimension, development of parafunctional habits and psychological problems that may affect behavioral development and social life of the child<sup>1,2,3</sup>.

Among the options of techniques used in cases of severe coronary destruction of deciduous anterior teeth are restoration and extraction<sup>4</sup>, however, due to several factors, the availability of techniques capable of providing effective, durable and functional restorations is required, thus preventing loss dental elements<sup>2</sup>.

The literature presents a variety of restorative techniques, where treatment options using direct and indirect techniques are included. The insufficient coronary dental structure of severely compromised teeth hinders the retention and resistance of restorations, in these cases it is necessary to endodontic treatment and the placement of posts or intraradicular retainers before restoring the crown<sup>5,6,7</sup>.

The use of different intraradicular retention techniques in endodontically treated teeth may increase restoration survival. However, some factors are limiting such techniques and should be considered, such as the degree of rhizolysis of the deciduous teeth, the degree of rhizogenesis of the permanent successor and presence of pathological resorption<sup>8</sup>.

Generally, only the cervical third of the canal is used to obtain retention. Authors recommend that the post inside the conduit does not exceed 4 mm so that it does not interfere with rhizolysis<sup>9,10,11,12</sup>.

Intraradicular posts may consist of a variety of materials such as composite resin, metal, biological material, quartz fibers, posts and fiberglass<sup>2</sup>. Currently, more attention has been given to the use of fiber posts, which have been used as an alternative for metal posts in the restoration of endodontically treated teeth<sup>2,13,14</sup>. Mechanical connection to the final restorative material, reduced risk of root fracture and the absence of discoloration are some of the possible advantages of these posts<sup>15</sup>.

Aesthetics and mechanical fracture resistance are of great importance for obtaining a lasting result in the restorations of anterior teeth, which can be obtained through fibers reinforced with resin matrix and other aesthetic retainers that emerged on the market as an alternative to high modulus materials of elasticity, such as gold and stainless steel<sup>16,17</sup>. In addition, the reduction of steps and the lower cost of pre-impregnated glass fiber are some advantages over the fiber post.

The objective of this study was to evaluate two different materials used as intraradicular retention (pre-impregnated glass fiber and fiber post), in different extensions of relief (1/3 root and 1/2 root). The null hypothesis of this study was that types of retainer and the different cementing lengths do not influence the deformation, resistance and fracture pattern of restored deciduous bovine roots with intraradicular retention.

## **Material e Methods**

### *Selection and section of teeth*

Forty roots of bovine deciduous incisors were selected for the study. The teeth were cleaned with scalpel blade and after cleaning were sectioned with the aid of double-sided diamond disc coupled to a straight part in low rotation under constant water jet, so that remained a root remnant 12 mm long. The roots with similar size and shape were selected by measuring the buccolingual and mesio-distal in millimeters, in the cervical, middle and apical third to calculate the total volume of the root, allowing a maximum variation of 10% of the mean<sup>18</sup>. The roots were stored in deionized water, under refrigeration at 4 degrees celsius.

### *Experimental groups*

The roots were randomly divided into two groups (n=20), in relation to the type of intraradicular retainer: fiber post (FP) (Whitepost DC 0.5, FG Produtos Odontológicos, SC, Brazil) and pre-impregnated glass fiber (PGF) (Interlig, Ângelus, Londrina, PR, Brazil). Subsequently, each group was divided into two subgroups (n=10), varying the extent of the intraradicular retainer: P4 – relief of 4.0 mm of the root canal (1/3 of the root) and P6 – relief of 6.0 mm of the root canal (1/2 root).

### *Inclusion for simulation of the periodontal ligament*

Initially, the roots were measured in the mesio-distal and buccolingual direction, with the aid of a digital caliper (Mitutoyo, SP, Brasil). The external surfaces of the roots were covered with a thin layer of pink wax number 7 (Lysanda, SP, Brazil), simulating the thickness of the periodontal ligament (0.25 mm from each root face)<sup>18</sup>. After wax heating, the root was dipped and immediately removed. Again, the roots were measured to ensure the standardization of thickness.

The roots were coupled to a radiographic film, with central perforation and this set included using 13.0 mm tall vaseline PVC cylinders and 25.0 mm in diameter. Polystyrene resin (Aerojet, Química Industrial Ltda, RJ, Brazil) was poured inside the PVC cylinder, with exposure of the root of 2 mm high. After its polymerization, the PVC cylinder was removed<sup>18</sup>.

### *Endodontic treatment*

The remaining pulp was removed with file number 45 (Kendo, Munich, Germany). The root canal was instrumented by means of a sequence of Kerr Files of 21 mm (Kendo, Munich, Germany) with irrigation of sodium hypochlorite at 1%, until reaching the apical foramen, with direct view of the apex. The final irrigation of the canal was done with saline. After the instrumentation was completed, the canal obturation was done with calcium hydroxide and Iodoform

paste in a viscous vehicle (Feapex, Formula and action, Brazil). The canal was relieved according to the groups to be tested.

#### *Cementation of intraradicular retainer*

Fiber posts were submitted to surface treatment with hydrogen peroxide at 35% (Whiteness HP, FGM Produtos Odontológicos, SC, Brazil) for 1 minute, with the aid of microbrush (Brush, KG Sorensen, SP, Brazil). Then they were washed with water for 1 minute and dried with gentle air jet for 1 minute. Soon after, silane (Prosil, FGM Produtos Odontológicos, SC, Brazil) was applied for 1 minute with the aid of microbrush and dried with air jet<sup>19</sup>.

Pre-impregnated glass fibers were not subjected to any prior treatment, following the manufacturer's recommendations.

For cementing all intraradicular retainers, Relyx U200 (3M ESPE, Germany) self-etching cement was used.

Relyx U-200 Clicker resin cement was manipulated, mixing the base pastes and catalyst over a glass plate for 10 seconds. Then, the manipulated cement was inserted into the canal, by means of a file number 35, which was removed counterclockwise. Then the post or fiber was inserted inside and performed digital pressure for 10 seconds. After 1 min, excess cement was removed with microbrush. 5 minutes were expected and cement photopolymerization was performed for 20 seconds on each face (vestibular, palatine, mesial, distal and incisal), totaling 100 seconds (Radii Plus, SDI, Australia).

The fiber posts, as well as the pre-impregnated glass fibers, were cemented and a 4mm coronary remnant was left in order to occupy the entire length of the crown. The fiber posts were cut with a cylindrical diamond tip No. 2214 (KG Sorensen, SP, Brazil) after cementation. The pre-impregnated glass fibers were cut with scissors before cementation.

#### *Coronary restoration*

After the cementation of the prefabricated retainers, the coronary reconstruction was performed with nanoparticulate composite resin color A1

(Filtek Z-350 XT, 3M-ESPE, Germany) with the aid of prefabricated polyvinyl chloride (PVC) matrix (TDV, Pomerode, SC, Brazil). Self-etching adhesive (Single Bond Universal, 3M-ESPE, Germany) was applied to the coronary remnant with the aid of microbrush and photopolymerized for 20 seconds (Radii Plus, SDI, Australia). The composite resin was inserted into the matrix with an insertion spatula and taken into position, then it was light cured for 20 seconds on all faces (buccal, palatal, mesial, distal and incisal) totaling 100 seconds. The matrix was removed with a scalpel blade No. 12 and the finishing was done with low-grain diamond tips (KG Sorensen, SP, Brazil) in high rotation.

After finishing the preparation, the samples were stored in an oven at 37 degrees celsius.

#### *Simulation of the periodontal ligament*

The wax from the roots was removed and in each cylinder a channel was made on the face where the extensometer would be positioned. After fixing the extensometers, the roots were covered with a 0.3 mm layer of Impregum F (3M ESPE, St. Paul, USA) polyether impression material to simulate the periodontal ligament<sup>18</sup>, and embedded in a polystyrene resin (Cristal, Piracicaba, Brazil) up to 2 mm below the cervical limit to simulate the alveolar bone.

#### *Extensometry Test*

The 40 samples were submitted to the extensometry test, using extensometers with sensitivity factor 2.13 (Excel Sensores Ind. Com. Exp. Ltda, Embú, SP, Brazil) in each sample. For fixation of them, phosphoric acid at 37% (Condac 37, FGM, Joinville, SC) was applied for 30s, washing with water for 15s and drying with jets of air where the extensometers were glued. These were fixed on the palatine face of the root dentin, positioned 1.0 mm apically from the cervical end. The extensometers were adhered to the dental structure with cyanoacrylate adhesive (Super Bonder, Loctite, Brazil). The excess adhesives were removed, and the wires of the extensometers connected to the Data Acquisition System.

The samples were inserted in a metal device for support and reinforcement of the resin cylinder, being positioned in the mechanical test machine. The samples were submitted to the application of tangential compression load at an angle of 135° with the long axis of the tooth. The tangential load of compression was applied on niche in the palatine coronary portion to evaluate the deformation against continuous loading from 0 to 100 N, under a speed of 0.5 mm/min and later under continuous loading until the fracture. The data obtained through the acquisition board were captured through specific software. Horizontal deformation and cervico-apical direction was measured.

#### *Fracture resistance test*

The specimens were positioned in the mechanical test machine (EMIC, 2000DL, São José dos Pinhais, Brazil) and submitted to continuous tangential loading by cutting edge in knife form with a thickness of 0.2 mm at the active tip under a speed of 0.5 mm/min until the sample fracture. The required force (N) to cause the fracture was measured by 500N load cell linked to a software (TEST; EMIC). In each sample, a channel was made on the palatal surface, where the tip of the machine would load, to prevent the tip from slipping in the sample.

#### *Analysis of fracture pattern*

Fractured specimens were analyzed to determine the fracture pattern using the following classification model<sup>20</sup>:

- I- Fracture with filling or retainer core involvement,
- II- Root fracture in the cervical third;
- III- Root fracture in the middle third;
- IV- Root fracture in the apical third;
- V- Longitudinal root fracture.

#### *Statistical analysis*

The data of deformation were individually submitted to two-way analysis of variance followed by Tukey's test ( $\alpha = 0.05$ ), since data presented normal distribution based on the Shapiro-Wilk test ( $p > 0.05$ ).



The analysis of the failure pattern was done descriptively.

## Results

The average values of deformation at 100 N of the experimental groups are shown in table 1.

There was a statistically significant difference for Fiber Post (FP) between the lengths of 1/2 and 1/3 of the retainer ( $p < 0.001$ ), and the FP group with 1/2 obtained a higher deformation value than FP with 1/3.

Among the pre-impregnated glass fiber (PGF) groups, in the lengths of 1/2 and 1/3, there was no statistically significant difference ( $p = 0.252$ ).

In the different intraradicular retainer lengths there was statistical difference only for 1/3 ( $p < 0.001$ ), and FP was better than PGF.

**Table 1** - Mean and standard deviation ( $\pm$ ) of deformation ( $\mu$ S) to 100 N of restored teeth with intraradicular seals (FP and PGF) in two lengths (1/2 and 1/3).

Length of retainer intraradicular	Fiber Post (FP)	Pre-impregnated glass fiber (PGF)
1/2	1.6 (0.39)Ba	2.2 (1.01)Aa
1/3	1.0 (0.44)Aa	2.7 (0.64)Ab

\* Uppercase letters indicate comparison in columns and lowercase letters compared in rows, ( $p < 0.001$ ).

The average values of fracture resistance of the experimental groups are shown in table 2, showing statistically similar values, regardless of the length ( $p = 0.896$ ) and type of intraradicular reinforcement ( $p = 0.309$ ) used.

**Table 2** - Mean and standard deviation ( $\pm$ ) of fracture resistance (N) with different intraradicular seals (FP and PGF) in two lengths (1/2 and 1/3).

<b>Length of retainer intraradicular</b>	<b>Fiber Post (FP)</b>	<b>Pre-impregnated glass fiber (PGF)</b>
1/2	166.76 (68.24)Aa	205.76 (73.1)Aa
1/3	184.95 (42.1)Aa	182.86 (32.43)Aa

\* Uppercase letters indicate comparison in columns and lowercase letters compared in rows, (p < 0.001).

The average values of deformation until fracture of the experimental groups are shown in table 3.

There was a statistically significant difference between the retainers for length 1/3 (p<0.001), and FP was better than PGF.

There was no statistically significant difference between lengths 1/2 and 1/3 for both FP and PGF (p=0.752), as well as in the interaction between retainers and intraradicular retainer length (p=0.050).

**Table 3-** Mean and standard deviation ( $\pm$ ) from deformation ( $\mu$ S) to fracture of restored teeth with intraradicular seals (FP and PGF) in two lengths (1/2 and 1/3).

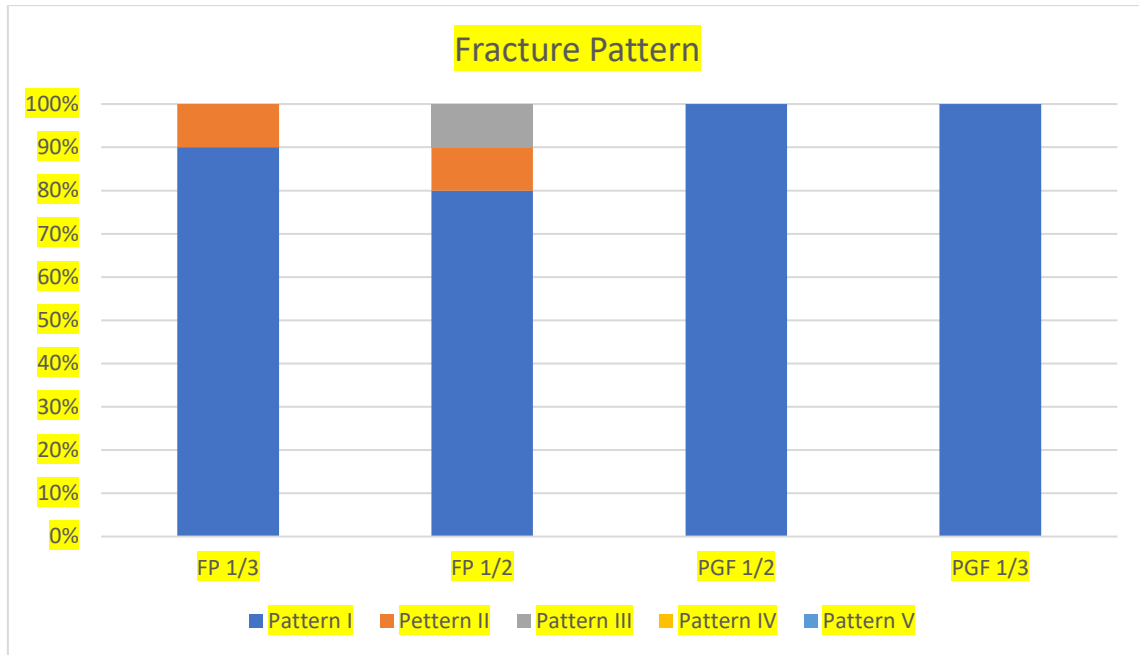
<b>Length of retainer intraradicular</b>	<b>Fiber Post (FP)</b>	<b>Pre-impregnated glass fiber (PGF)</b>
1/2	1.6 (0.6)Aa	2.3 (1.09)Aa
<b>1/3</b>	<b>1.2 (0.33)Aa</b>	<b>2.7 (0.71)Ab</b>

\* Uppercase letters indicate comparison in columns and lowercase letters compared in rows, (p < 0.001).

Figure I shows the failure pattern of the samples. It is possible to observe that group PGF presented the best failure patterns, being 100% type I failures, that is, with involvement of the filling core or retainer.

The FP group had more catastrophic failures, 10% type II fractures, that is, root fracture in the cervical third, for both lengths and 10% type III fractures, which consists of root fracture in the middle third, for 1/2 length.

**Figure I- Percentage of failure of groups.**



## Discussion

Studies on intraradicular posts in deciduous teeth are still insufficient to establish an ideal protocol to be followed, given the various difficulties encountered in these treatments, especially the degree of rhizolysis of the dental element and rhizogenesis of the permanent successor should be considered<sup>8</sup>.

Currently there are several materials used as intraradicular seals and, authors state that in view of the correlation between restorative material and root fracture, the material that constitutes these retainers should present modulus of elasticity similar to dentin for homogeneous distribution of stresses along the retainer and root<sup>2</sup>.

Different deformation values at 100N were found for the cementation lengths of the fiber post and also in the deformation until the fracture between FP and PGF for length 1/3, thus rejecting the null hypothesis of this study.

The literature presents studies using pre-impregnated glass fiber as periodontal, orthodontic containment, as reinforcement for extensive restorations and direct adhesive prostheses<sup>23,24,25,26,27</sup>, but is scarce in relation to the use of this material as an intraradicular retainer.

In this study, we opted to use pre-impregnated glass fiber for comparison with fiber post, which is one of the most used materials today for intraradicular retention. FP has several advantages, among them is the similarity of its mechanical properties with dentin and greater modulus of elasticity, which makes it deform less. However, pre-impregnated glass fiber has a lower cost, greater technical ease and reduced steps when compared to the fiber post, which is important to consider because it is pediatric patients.

According to the results obtained in this study, in relation to the type of intraradicular retainer there was statistical difference only for length 1/3, and FP presented lower mean deformation value at 100N and also deformation until fracture than PGF. However, it is important to highlight that the fracture pattern found in the FP group is less favorable, because it also involves root fractures, which are considered irreversible, while the PGF group presented only fractures in the filling nucleus, being able to new restoration.

Another important factor to consider is the extent of the intraradicular retainer. In deciduous dentition, only the cervical third of the canal is usually used to obtain retention. One study stated that the minimum length of the post should be 2 to 3 mm to give more support and retention to the crown<sup>28</sup>. Authors recommend that the retainer inside the conduit does not exceed 4 mm so that it does not interfere with rhizolysis and physiological eruption of permanent teeth<sup>9,10,11,12</sup>. In this study, two different intraradicular retainer lengths, 1/2 (6mm relief) and 1/3 (4mm relief) were used. For the FP group there was statistical difference between lengths, and 1/2 presented higher mean deformation value at 100N than 1/3. For the PGF group, the length did not influence the deformation.

The present *in vitro* study produced fracture resistance values between 72.78 N and 308.78 N, which is in agreement with another study of fracture resistance in deciduous dentition<sup>29</sup>. In contrast, studies with permanent teeth showed greater fracture resistance ranging from 400 N to 935 N, which is related to the greater diameter of permanent teeth<sup>30</sup>.

It is well known that clinical studies are the best way to evaluate and improve restorative systems and materials<sup>21</sup>, but many are the difficulties that these studies present, mainly because it is deciduous dentition. In addition to

being time-consuming, expensive studies that are not always able to identify exactly failure, various stress factors of the oral cavity and childhood habits that can influence the result<sup>2,3,22</sup>. For these reasons, in the present study, the resistance, deformation and fracture pattern of different intraradicular retainers at different cementing lengths were evaluated *in vitro*.

It is possible to conclude that, in this study, the FP and PGF retainers present adequate strength and deformation, differing only in the fracture pattern, as F was better, with 100% reversible fractures. Therefore, both options are indicated for intra-root retention in the primary dentition. An adherence test is suggested to complement this study.

#### **Why this paper is important to paediatric dentists:**

- The study presents a new option for intraradicular retention in the primary dentition;
- Fiber post and pre-impregnated glass fiber are suitable options for intraradicular retention in the primary dentition.

#### **Author contributions**

Study design and concept: Camila RAÍSSA OLIVEIRA GONTIJO, Alessandra MAIA DE CASTRO PRADO, Carlos JOSÉ SOARES. Data collection: Camila RAÍSSA OLIVEIRA GONTIJO. Data analysis: Thamires DIOGO LIMA, Camila RAÍSSA OLIVEIRA GONTIJO. Drafting: Camila RAÍSSA OLIVEIRA GONTIJO, Alessandra MAIA DE CASTRO, Thamires DIOGO LIMA. Manuscript final design: Camila RAÍSSA OLIVEIRA GONTIJO, Alessandra MAIA DE CASTRO PRADO.

#### **Conflict of interest**

The authors declare no conflict of interests.

#### **Financial disclosure**

The authors have no financial disclosures to express and no conflict of interests to report.

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Paulsson L, Bondemark L, Söderfeldt B. A systematic review of the consequences of premature birth on palatal morphology, dental occlusion, tooth-crown dimensions, and tooth maturity and eruption. *Angle Orthodontist* 2004; 74: 269-279.

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#### *Book*

2. Voet D, Voet JG. *Biochemistry*. New York: John Wiley & Sons; 1990. 1223 p.

#### *Internet document*

3. American Cancer Society. *Cancer Facts & Figures 2003*.  
<http://www.cancer.org/downloads/STT/CAFF2003PWSecured.pdf> Accessed March 3, 2003

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